

HOLY FAMILY PARISH

June 13, 2010



Dear Parish Family,

It is said that one day on a regular Sunday Mass a kid was watching very closely everything Father was doing at the altar. When Father finished giving out communion, went back to the credence table and did the “*purification of the vessels*”, the kid told his mom, “*okay mom, Father just finished doing the dishes, we can go now.*” While this story might be funny to some extent, it really talks about a misunderstanding and lack of appreciation for the Eucharistic celebration as a whole. And sadly, it represents also a reality in many of us who for some given reason we might either be late for Mass or dismiss ourselves, in some instances, even before the final blessing.

One day before Sunday Mass began, I saw someone in the congregation stretching out his legs as if he was getting ready for a workout, which is not a bad idea since our involvement in the Eucharistic Celebration is not only soul, but body as well. This reminded me of an article that came in one of the inserts for our bulletins. It is a comparison between the Eucharist and exercising, and it is my hope that this will help all of us to have a better understanding, appreciation and value for the Celebration where the Real Presence of Jesus in His Body and Blood makes us one with God and with one another.

It is called; “**A Good warm up makes for great Eucharistic workout**”*

“Experts recommend warming up before exercising to adequately prepare the body and get the most benefit from the workout. The same applies to our participation in Mass. When our hearts and minds are properly prepared, our experience is richer. Try these ideas to have a great Eucharistic workout:

Prepare for exertion.

We come to Mass not as spectators but as participants. Prepare to join with other members of the Body of Christ in prayer, worship, thanksgiving, and communion.

Stretch out.

Is something holding you back from giving your whole love and attention to God? If you are carrying worry, anger, resentment, or guilt, spend a few moments letting it go.

Start slowly.

Arrive early to review the readings. Ask what God is trying to tell you, personally, in the words of Scripture.

Get into the Zone.

Something amazing happens every moment during the Mass. Don't miss a single one. Think about what you are saying as you recite the prayers. Enthusiastically speak the responses. Sing with your whole heart. Allow yourself to be awed by receiving the Body and Blood of Christ in the Eucharist.

Cool down.

After the celebrant leaves the church, spend a few moments figuring out what God wants you to do for the next week as a result of what you just heard and said”.

Let us pray to the Holy Spirit for the gift of **Wonder and Awe**, which enables us to love and revere God not only the Real Presence of Jesus in the Eucharist, but in the very person of our brothers and sisters at Mass.

Greetings and Blessings

Rev. César Vega M.
Pastor

We would like to make a correction from the bulletin of
May 30th:

***Fr. John Tholen celebrated his 48th year of
Ordination on May 19th.***

FLOWER REMEMBRANCE



Frank & Ann Place: In loving memory of his parents **Alanson & Angeline Place.**

Bob & Carmela Newstead: In loving memory of **Oran and Agnes Newstead.**

Welcome to Holy Family Church
If this is your first time at Holy Family, welcome to our Parish. Registration cards are available at the desk in the back of the church or call the Parish Office at 966-0830 and we will be glad to assist you. If you are looking for a church home, we invite you to become a member of Holy Family.

PETER PENCE COLLECTION



The weekend of **June 19th/20th** our diocese will take up the Peter's Pence Collection, which provides the Holy Father with the assistance he needs to carry out his most important charitable works. The proceeds benefit the most disadvantaged: victims of war, oppression and disasters. Through your generosity, with Pope Benedict we can cast the love of Christ upon the world.

SEMINARIANS!

Bishop Sevilla has encouraged us to pray for vocations to the priesthood and religious life. **Ricardo Ruesga from Quincy, WA. He is studying at Mt. Angel Seminary.** Please keep him in your prayers.

The Diocese of Yakima Vocations Office invites young Catholic men, ages 13-19, to **QUO VADIS DAYS on July 6-9 at the Immaculate Heart Retreat Center in Spokane.** It's a 3-day camp to learn more about the priesthood, to deepen your faith, and to better discern God's call in your lives. There will be priests, seminarians, and other young men like you gathered for these days. Our activities will include prayer, swimming, games, talks and discussions. For more information, please e-mail Fr. Wilmar at Frwilmar@yakimavocation.org

RCIA

(Rite of Christian Initiation for Adults)



Are you, or is there someone you know who is interested in looking into the Catholic faith and participating in the process of the RCIA? The process involves 4 'steps' and begins during the summer with what is called the Precatechumenate or Inquiry phase which provides the opportunity for you to ask questions about Catholicism and learn some of the basics of the faith. If you are interested, we meet **Tuesday evening, June 15th, at 7:00 p.m. in Room 12 of the Parish Activity Center.** Call Ree Kearns at 966-5344, or the Parish Office 966-0830, for more information.

EUCCHARISTIC ADORATION

Eucharistic Adoration Mondays and Tuesdays from 9 am to 6 pm.
Benediction on Tuesday at 5:45.



Chaplet of Divine Mercy is sung on the first Tuesday of each of month at 3:00 pm.

There is no better way to be aware of God than to sit in His presence in the silence.

Call Ann @ 965-4449 for more info on Adoration.

Can I Believe in God and accept EVOLUTION?

Monday, June 21st at 7:00 pm
St. Joseph Parish
212 N. 4th St. Yakima

This lecture and discussion will explore some important dimensions of the contemporary conversation between religion and science. Admission is free. We will "pass the hat" to help defray Dr. Hess's travel expenses.

PRAYER HOTLINE

For any prayer requests call:
Barb McKinney at 575-1806

or you can email your requests to:
rhmckinney84@gmail.com



"If you have been abused or victimized by a member of the Catholic clergy, please believe in the possibility for hope and help and healing. We encourage you to come forward and speak out. The Yakima Diocese has a sexual abuse hotline for those who wish to report some incident concerning that issue as regards a bishop, priest, deacon or diocesan employee or volunteer. Please call (888) 276-4490."



Children's Ministries
PRESCHOOL THRU GRADE 6
and
Middle School Ministries
GRADES 7 & 8 - Middle School

Classes are available for 3 year old, 4 year old;
Kindergarten and grades 1 thru 6.
Classes also available for grades 7 & 8 (Middle School).

Please sign up for Vacation Bible School.
B.E.A.R.S.

Bible Education And Religious
Study

Children 4 yrs old to 4th grade may attend.
5th & 6th graders can volunteer to help.



June 28th—July 2nd
9:00 am to 11:30 am

Registration forms in church, Religious Ed office
and Parish office.

Must sign up before June 15th so that we can plan
for craft items.

For more information call Rose at 966-0788



YOUTH MINISTRY Column

If you have any questions, give us a call at
965-3471 or email at:
loriemard@holyfamiyyakima.org.

YOUTH MINISTRY CALENDAR

Wed. June 16th: Digital Camera Scavenger Hunt.
Meet at the Youth Room at 7 pm. Bring your cameras,
friends and snacks to share.

Wed. June 23rd: Dodge ball tournament. Meet in the
Youth Room at 7 pm. 'We'll go from there. Bring your
friends and snacks!

August 1-6th: Summer Camp! Registrations will be
mailed soon! This year's cost will remain at
\$200 per camper. This year's theme: Building
our Faith!



Keep watching this column, your email and
snail mail for upcoming youth activities. The
Youth Council will be working hard over the next
few weeks to get the summer rolling to a good
start.

Let's Go To Madrid, Spain!

World Youth Day will be held in Madrid, Spain in August
2011. We're working on a pilgrimage and need to know
how many are interested in going. This would be for
those entering 10th grade. Please contact Lori Emard
at 509-965-3471 or email lori.emard@holyfamiyyakima.
org to get on a mailing list. Informational meetings will
be planned and we want you to attend! Fundraisers will
definitely be a part of this pilgrimage, so the sooner you
indicate your interest, the sooner we can raise some
money to help defray the cost.

Team HOLO HOLO thanks you!

Thank you to everyone who helped our team by
donating time, talent and treasure to our Relay
for Life Team.



THEOLOGY ON TAP (TOT) -watch the
bulletin for dates.
A night for **ALL Young Adults**
(18-39) who want to learn more about the
Catholic Faith!!

For more information call Steve Martinez at
509-930-2519.

June 22nd: *Girls night out-dinner at Olive Garden at*
6:30. More info later. (Melissa Guzman will be taking
over the Girls "night out ministry").

June 24th: *Guys night out— Guys will be meeting at*
Steve's house.

June 29th: *Bible Study dinner at Steve's house, 7:00*
pm sharp!!

Young Adult group is on Facebook:
HOLY FAMILY YOUNG ADULT
MINISTRY is what they are under.

Let's Pray!

I'm looking to fill half-hour time frames on Mondays be-
tween 6 pm and 9 pm once a month to help bring a posi-
tive transformation to Yakima. Prayer references will be
provided. This is a great way to start the practice of
praying for something specific. Many of us are looking
for a reason to "get away from it all" for just a little while.
Why not spend it in prayer. A half an hour goes by so
fast! Give Lori a call at 965-3471 or email at lori.
emard@holyfamiyyakima.org to sign up for a time.

Baptism Preparation Classes



Infant Baptisms take place on the 1st, 2nd, or 3rd Sunday during Mass; and on the 4th Sunday in the chapel at 12:30 p.m. Parents requesting baptism are expected to attend two preparation sessions prior to your child(ren)'s baptism. Godparents are also encouraged to attend. **The next baptismal preparation sessions are scheduled on Thursday, June 17th & 24th.** For more information call Ree Kearns at 966-5344.

PRO LIFE

When Jesus speaks about eternal life, he is referring to real and true life, a life worthy of being lived. He is not simply speaking about life after death. He is talking about authentic life, a life fully alive and thus not subject death, yet one which can already, and indeed must, begin in this world. . . We have heard Jesus' answer: this is eternal life, that they may know you-God and the one whom you have sent, Jesus Christ. Much to our surprise, we are told that life is knowledge. This means first of all that life is relationship. No one has life from himself and only for himself. We have it from others and in a relationship with others. If it is a relationship in truth and love, a giving and receiving, it gives fullness to life and makes it beautiful.

Pope Benedict XVI, homily, Holy Thursday Mass of the Lord's Supper, April 1, 2010.

Prayer Walk against Abortion

On **Tuesday afternoons** from 2:00-3:00, we are in front of Planned Parenthood on Tieton Dr. We also pray in front of the Cedar River Abortion Clinic on "E" St. If you will get in touch with me I will put you on our "call" list and let you know the days and times that we will be out there. Usually we ask that you join us for one hour, but whatever time you can be there is appreciated. We must be a voice for those who have none. **Please call the office and leave your name and phone number. Thank you. Rosie**

MASS OF ANNOINTING & SENIOR LUNCHEON—Thursday, June 17th

- ◇ Reconciliation at 10:00 am to 10:45 pm
- ◇ Mass of Anointing (Sacrament of Healing) at 11:00 in the Chapel followed by
- ◇ Senior Luncheon at noon in the Fr. Murtagh Gathering Hall.

Call for reservations by Wednesday, June 16th so there is enough for all!

Calling All Seniors:

Help Wanted:

Anyone interested in volunteering to help prepare or serve at Senior Lunches or potlucks during the summer please give Deacon Jim a call at 945-5432 or email him at holseniors@gmail.com

SENIOR REFLECTION:

Growing in holiness means dealing with life's inevitable losses. More positively, growth in holiness leads to wisdom. Although many cultures revere older people for their wisdom does not come automatically with age. The experiences of a lifetime have sown the seeds, but they must be cultivated by prayer and reflection on those experiences in light of the Gospel. With God's grace, as one matures, one arrives at wisdom: the realization that we come from God and are going to God. Or as St. Augustine said, Our hearts were made for you, O Lord, and they are restless until they rest in you.

(Blessings of Age-A Statement of the U.S. Catholic Bishops Issued November 18, 1999) For further discussion and information about Senior Life call Deacon Jim Kramp;er at 966--0830 or email: holseniors@gmail.com

18th Northwest Eucharistic Marian Conference

June 25-26, 2010

St. Cecilia Catholic Church

26900 78th Ave. NW

Stanwood, WA 98292

"Taste and See the Mercy of God"

This year's speakers are a dynamic group known for their unique spiritual gifts, relevant subject matter and insightful views on the issues facing Catholics today. **Wayne Weible**, Fr. Donald Calloway, Gretchen Harris, Fr. Gary Sumpter, Fr. Qui-Thac Nguyen and Alan Ames.

Forms in the church foyer and parish office for registration. Call Marie at 360-629-4425 or email Pearlsofgrace@aol.com

St. Joseph's Mission on the Ahtanum Sunday Mass.



Sunday Mass at St. Joseph's Mission is on the **1st Sunday of the Month. Mass on Sunday, July 4th at 9:30 am.**

Please call: (509) 966-0865 for information .

YOUTH BAND!!



So you enjoy worship music? Can you sing or play an instrument? If so, our Worship Band is always in need of new members! Parents, young adults, and students grades 8 and up are encouraged to join. Your skill level does not matter. Just a love of music and the Lord! All musicians and vocalists are welcome. Rehearsals and Sundays at 6 pm. Call Lori Emard in the Youth Room at 965-3471 for more information.

Sharing the Light Gift Shop



Come in and look at our patriotic items, marked down 10% this weekend honoring our Flag Day.

Hours are Saturday 5-7:00 pm and Sundays from 8-12:30 pm.



“Holy Grounds” after Mass Fellowship

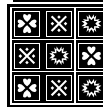
Coffee hours will follow the 7:00, 9:00 & 11:15 am Mass. Come and visit and have a latte, coffee or Italian soda. Coffee and donuts every weekend .



CHURCH MOUSE

The summer quilters are quilting again. I love to watch and listen to the different ways they put pieces of material together. Does anyone know why a certain kind of quilt is called a crazy quilt? I suppose anyone who tackles such a project must be two hoots from a holler. To a mere church mouse it looks like an impossible task, but the outcome is truly awesome. Perhaps I will try to sew one on a very small scale. Hmmm.

Mouse



QUILTING MINISTRY

Announcing a summer ministry for people who like to quilt or want to learn how to quilt. This ministry will provide lap quilts for Eucharistic ministers to take to shut-ins, and baby quilts for new mothers that can be distributed through Birthright or other such organizations. **The summer gathering for quilting is on Tuesday’s at 9:30 am in the “Brides Room” off the church foyer.**

Call Mary Smith 966-0830 for more information.

Festival of Flowers 6th Annual Premier Garden & Antique Show!



Friday, June 18th—12:00 to 4:30 pm

Saturday, June 19th 9:00 am to 4:00 pm

Cost is \$5.00 (Friday is Senior Day-\$3)

5301 Tieton Drive Yakima

(Next to Holy Family Church)

Proceeds to benefit Catholic Family & Child Service Counseling Programs.

Yakima Cursillo’s Ultreya

2nd Monday, 7 pm

Call Louis 452-4461 or Stephanie 949-5457 for more information on location.

Christ the King-Richland, WA

Needed: Full time-Life Teen Youth Minister & Confirmation Coordinator

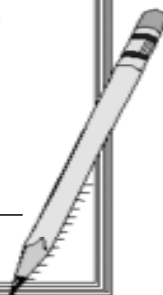
Christ the King is seeking a dynamic, focused, and energetic person to be responsible for all aspects of our youth Ministry programs for high-school youth, including Confirmation. Must be a practicing Catholic-BA/BS in Religious Studies or Education preferred. Experience with Life Teen helpful. Must have good communication and interpersonal skills. www.ckparish.org or call 509-946-1154. Applications due by Friday, June 18th to the King Parish office.

Monthly Collection— 1700 Households
Average Needed Weekly—\$16,000

June Collection 2010

- | | | |
|----|-------------|------------|
| 1. | \$17,260.50 | \$1,180.00 |
| 2. | | |

Totals	<hr/>	<hr/>
\$17,260.50		\$1,180.00



Holy Family Nursery

Ages 4 & UNDER

The Childcare Center at Holy Family church is available during the Saturday 5:30 pm Mass and the Sunday 9:00 am & 11:15 am Masses.

We invite all other children to enroll in our Religious Studies program or to attend Mass with their families.

WEEKLY CALENDAR

MONDAY, June 14, 2010

- ◇ Mass 6:30 & 8:30 am
- ◇ Eucharistic Adoration from 9:00 am to 6:00 pm

TUESDAY, June 15, 2010

- ◇ Mass 6:30 AND 8:30 am
- ◇ Eucharistic Adoration from 9:00 am to 5:45 followed with Benediction.
- ◇ Sewing group at 9:00 in Brides Room
- ◇ Prayer Walk against Abortion—9:00 to 10:00 or 2:00 to 3:00.

WEDNESDAY, June 16, 2010

- ◇ Mass 6:30 AND 8:30 am
- ◇ Servants of Mary—1:00 pm
- ◇ Men's Cantorum at 7:00 pm

THURSDAY, June 17, 2010

- ◇ Mass 6:30 AND 8:30 am
- ◇ Reconciliation at 10:00 am, Mass of Anointing at 11:00 am and Senior Lunch at noon in GH.
- ◇ Women's' Cantorum at 7:00 pm

FRIDAY, June 18, 2010

- ◇ Mass 6:30 AND 8:30 am

The Respite Adult Day Center is a program offered through Catholic Family and Child Service in conjunction with Aging and Long Term Care. The RADC provides supervised bi-weekly day programming for elders who are unable to participate independently in community activities, but can function in a safe, supportive environment. We offer social contact and stimulation activities for the participant as well as respite for the caregivers. Contact Charlotte Roberts at 965-7100.

Journey to France & Spain

March 14—23, 2011 out of Seattle (SEA)

Join Rev. Samuel P. Bellino, S.J. and others on a pilgrimage to Southern France and Northern Spain. Travel to the birthplaces of Saint Bernadette of Lourdes and Saint Ignatius of Loyola (founder of Jesuits). Includes visits to San Sebastian, Loyola, Pamplona, Javier, Lourdes, Barcelona, Manresa, Montserrat and more. Only \$2,899! To download the free color brochure and registration form, visit

Www.GoCatholicTravel.com/Belkino or contact Fr. Sam at (509) 972-3732 or email Info@cwatholicfoundation.org.

SAVE THE DATE

Join in celebrating and supporting the Miracle of Life at the 4th Annual Birthright of Yakima Banquet celebrating 25 years of service in the Yakima area. Silent Auction, Dessert Auction, Good Food and more at the Clarion Hotel & conference Center

When: Saturday, October 30th